

# 18<sup>th</sup> Annual Irish Heritage Feis

Sponsored by  
The O'Shea-Chaplin Academy of Irish Dance

[WWW.BostonIrishDance.com](http://WWW.BostonIrishDance.com)

Sunday - June 14, 2009

Saugus High School  
Pierce Memorial Drive  
Saugus, MA

Only the first 800 entrees will be accepted—all others will be returned.  
Competitions will start at 8:00 a.m. - entry cards and

Time schedule and judges will be posted on our website by 6/1.

**Gate Fee:** \$10.00 per Adult  
\$ 5.00 per child age 6 - 18  
Free for children 5 or under and dancers

*No coolers permitted - refreshments & food available at the Feis*

**Hotel Info:** Fourpoint Sheraton in Revere 781 284-7200  
Courtyard Marriott in Revere 781 324-1900  
Red Roof Inn in Saugus 781 941-1400  
Days Inn in Saugus 781 233-1800

## **Directions from Boston –**

Take Rt 93N then exit left to Tobin Bridge and Rt 1N, pass thru Chelsea, Revere to Saugus.  
Take Main St., Saugus Exit, take right off exit and 1<sup>st</sup> right onto Pierce Memorial Drive.

## **From Rt 128 take exit 44 to Rt 1S/Boston.**

Pass Christmas Tree Shop, the Hilltop,  
take Main St., Saugus Exit, go over highway,  
take 1st right onto Pierce Memorial Drive.

## **AGE & CATEGORY ARE DETERMINED AS OF 01/01/2009**

A dancers category does not change unless there are five or more competitors in a competition.  
A dancer only moves up in the dance that he/she has won in. All dancers will be required to dance two steps, 2 at a time, except pre-beginners

## **North American Dance Championships:**

**Minor:** George Sweetnam Trophy, New Haven, CT - 6/28/09

**Junior:** Robert Gater Jr. Trophy, St. Catherine's, Ontario, Canada - 7/25/09

**Senior:** Gerry Campbell Trophy, Etibicoke Feis, Ontario, Canada - 6/13/09

## **NO VIDEO CAMERAS ALLOWED - NORTH AMERICAN RULE**

All competitors must be pupils of a T.C.R.G. or A.D.C.R.G.  
registered with members of the No. American Feis Commission  
President Joan Preece, Ontario, Canada  
Members of the An Coimisiun Le Gaelacha Dublin, Ireland

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**June Entry Form**

Entrees due by May 15. No telephone, email or entrees will be accepted on the day of the feis. No changes will be made after May 22nd. Entrees received after May 15 will be accessed a late fee of \$10.00 per family. No entrees will be accepted after May 22nd, only the first 800 entrees will be accepted, all others will be returned. There will be no refunds.

**NAME:** .....

**DATE OF BIRTH:** .....

**AGE AS OF 1/1/2009:** .....

**COMPETITION #'S:** .....

**TEACHERS NAME:** .....

**ENTRY FEE ENCLOSED: \$** .....

**\$7.00 Per Solo**

**\$8.00 Per Special / Team**

*(Championship Jig or Hornpipe, Treble Reel, 3 Hand)*

**\$27.00 Per Championship (includes marks)**

**Checks Payable to: Irish Heritage Dancers**

**Mail to: Rita O'Shea, ADCRG**  
5 Youle Street,  
Melrose , MA 02176

**NOTE:** *The O'Shea-Chaplin Academy (Irish Heritage Dancers) or Salem High School are not responsible for any personal or property loss or injury.*

**NAFC Rules**

- 1) Team & solo competitions in all grades, age of dancer 1 Jan 2009 will determine the right of entry. A dancer whose birthday is on Jan. 1 is deemed underage of the same year.
- 2) Competitions are open to all except those holding a TMRF, TCRG or ADCRG. Competitors must be students of a teacher currently registered with An Comisiun of any category.
- 3) Competitors may be disqualified for a) conduct unbecoming a lady or gentleman, b) failure to report to a competition on time and may be disqualified from that event, c) falsification of age or other important facts i.e., teaching, award winning, competing under another competitor's name or number, etc. Penalty for a) or c): Competitor's disqualification from the Feis at which the occurrence happened and from all NAFC registered Feiseanna for a period of one year from that date.
- 4) Competition will be closed if there are no competitors at the assigned stage ready to compete when competition is scheduled or announced. Acceptions can be made for stage conflicts.
- 5) Solo competitors in First Feis (if offered) Beginner, Adv Beginner, Novice or Open (Prizewinner) competitions: a) must compete in their own age group b) must be prepared to perform two steps in each event c) Cannot change competition on the day of the Feis.

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- 6)** Steel taps or "bubble" heels on dancing shoes, display of awards, wearing of shorts or other unconventional dress is prohibited. Authentic Gaelic dress is desired. First Feis (if offered), Beginner & Adv Beginner, aka Beginner I & II must wear class costume or skirt & blouse. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
- 7)** Competitors number must be worn and visible to adjudicators when performing in all competitions, use of reflective plastic number covers is discouraged.
- 8)** Awards will be determined in proportion to the number of entries in each competition and the degree of proficiency shown.
- 9)** Complaints must be in writing stating names and other factual information and signed by the complainant. A ten dollar (\$10.00) fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
- 10)** The feis committee and any organization affiliated with same will not be responsible for personal injury, property loss or damage. Destruction of Feis or rental property will be punishable by law.
- 11)** The feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. All Feis Committee decisions are final.
- 12)** Competitors must answer all questions as required by the Feis Committee, including teacher's name and enclose the entry fee when mailing. Failure to do so will result in a rejected entry. Entry must be postmarked on or before the closing date or they will be subjected to a late fee of \$ \_\_\_\_\_ (determined by the Feis).
- 13)** Entrants in any Championship event may not enter in any other (Grade) events, but may enter in Figure Dances. Entrants in Championships should specify on the entry form, their choice of set dance. Entrants cannot change competition or category on the day of the competition.
  - a) Dancers must qualify for open championship via the method now in place for preliminary championship, i.e. two 1st place wins.
  - b) Dancers must compete in the preliminary championship competition to qualify for open championship.
  - c) Regional Syllabus where Feis is being held may have different qualifications for entry.
- 14)** Combining male and female dancers to any category is left to the discretion of each region of the IDTANA.
- 15)** Preliminary championships are open to those who, at any NAFC recognized Feis a) have won 1st place in both an open/prizewinner light and heavy shoe competition and b) have never won 1st, 2nd or 3rd in Open championship. A dancer who wins two 1st place awards in one calendar year will move onto Open Championship the following year or as soon as the 2nd win is achieved, in any age category, in the following years. Only in the case of back-to-back Feiseanna (successive days), in which case the first win in the first feis will not change the dancer's status for the second Feis. A dancer is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men), and a hard shoe dance. A Feis can opt to offer either 1) set dance or 2) a jig/hornpipe. c) The regional syllabus where the Feis is being held, may have different qualifications for entry.
- 16)** Championships & Prel Championships require at least 3 adjudicators.
- 17)** First place winners in Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or Oireachtas does not change the status of a competitor. A dancer who moves into open championship must stay a minimum of 2 years. If after 2 yrs they have not placed they are allowed to return to preliminary. An open championship dancer who places is not allowed to return to preliminary until 2 yrs after their last placement. The regional syllabus where the Feis is being held may have different qualifications for entry.
- 18)** The status of the dancer does not change unless there are five or more dancers in a competition.
- 19)** Each region may determine the system for moving dancers from one grade to another, as they see appropriate for their region. The syllabus is to contain all grade categories. A Feis Committee may combine two consecutive age categories into the higher of the two
- 20)** Beginner Grade: A beginner is a competitor who has not yet taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into Adv. Beginner category the next year.
- 21)** Adv Beginner Grade: Adv Beginners who win 1, 2nd or 3rd place, will advance to Novice category in that dance. Competition dances are reel, slip jig, traditional treble jig and traditional hornpipe as a minimum requirement. Novice Grade: A Novice who wins a 1st Place will advance to Open (Prizewinner) category in that dance. Open Grade (Prizewinner): A dancer who does not qualify as a beginner, advanced beginner or as a novice. Adult Beginner: An adult beginner is a competitor who never took Irish dancing lessons as a juvenile and is over 18 years of age.

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- 22)** Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
- 23)** Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
- 24)** Teachers or team captains are responsible that their teams are complete & in position when the competition is announced. Competitors may dance in the next higher age group; however, dancers may compete in only 1 age group
- 25)** In matters pertaining to adjudication, adjudicators decision is final.
- 26)** Adjudicators are to monitor quality of music at their assigned stage(s).
- 27)** First Feis (if offered), Beginner, Adv. Beginner and Adult dancers are required to dance at traditional speeds. Novice & Open/Prizewinner dancers may choose between traditional and Oireachtas speeds.
- 28)** The length of 2 and 3 hand dances in competitions are to be 48 bars of music plus an 8 bar introduction.
- 29)** In consideration of safety and fairness to performing dancers, photography of any kind capable of capturing a dancer's image while in motion is strictly forbidden. A Feis may elect to allow in motion photography for publicity purposes but pictures are considered the sole property of the Feis solely for Feis use only; these are not to be used for personal gain through commercial use or sale and under no circumstances can they be published on any website or other areas without the express written permission of the persons involved. Additionally, professional photographers may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc., and/or in motion photography provided it is taken at a vendor station or suitable location:  
1) away from the dancing stages and, 2) requested by a consenting parent, guardian, or dancer (over the age of 18).
- 30)** No block, en Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12. However, after Sept. 1 of each year, an exception is made for those dancers who are 11 dancing in the under 12 age group.
- 31)** Makeup is prohibited on dancers in first three grades/under 12 age group.
- 32)** Competitors using artificial carriage aids and refuses to remove same will be disqualified from the competition. Medically prescribed aids are exempt but may require written proof.
- 33)** Feis is required to list adjudicators on syllabus/website 3 wks prior to feis. One third of adjudicators are to be from outside the region where feis is held.
- 34)** Beg/Adv Beg Girls required to wear school costume or skirt & blouse .
- 35)** Substances to improve traction that can become airborne are prohibited.

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### **Pre-Beginner** *Girls and Boys - 1 step, 1 at a time*

<b>Dancers</b>	<b>R</b>	<b>LtJ</b>
Under 5	1	2
Under 6	3	4

### **Beginner** *Music speeds: R / Lt Jig / SlpJ - 115*

<b>Girls</b>	<b>R</b>	<b>SlpJ</b>	<b>LtJ</b>
Under 5	5	6	7
Under 6	8	9	10
Under 7	11	12	13
Under 8	14	15	16
Under 9	17	18	19
Under 10	20	21	22
Under 11	23	24	25
Under 12	26	27	28
Under 13	29	30	31
Under 14	32	33	34
Under 15	35	26	37
15 and Over	38	39	40

<b>Boys</b>	<b>R</b>	<b>LtJ</b>
Under 5	41	42
Under 6	43	44
Under 7	45	46
Under 8	47	48
Under 9	49	50
Under 10	51	52
Under 11	53	54
Under 12	55	56
Under 13	57	58
Under 14	59	60
Under 15	61	62
15 and Over	63	64

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## Advanced Beginner

Music speeds: R / Lt Jig/SlpJ - 115, HvyJ - 92, HP - 138

<b>Girls</b>	<b>R</b>	<b>SlpJ</b>	<b>LtJ</b>	<b>TrbIJ</b>	<b>HP</b>
Under 6	65	66	67	68	69
Under 7	70	71	72	73	74
Under 8	75	76	77	78	79
Under 9	80	81	82	83	84
Under 10	85	86	87	88	89
Under 11	90	91	92	93	94
Under 12	95	96	97	98	99
Under 13	100	101	102	103	104
Under 14	105	106	107	108	109
Under 15	110	111	112	113	114
15 and Over	115	116	117	118	119

<b>Boys</b>	<b>R</b>	<b>LtJ</b>	<b>TrbIJ</b>	<b>HP</b>
Under 6	120	121	122	123
Under 7	124	125	126	127
Under 8	128	129	130	131
Under 9	132	133	134	135
Under 10	136	137	138	139
Under 11	140	141	142	143
Under 12	144	145	146	147
Under 13	148	149	150	151
Under 14	152	153	154	155
Under 15	156	157	158	159
15 and Over	160	161	162	163

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### Novice

Music speeds: R/SlpJ-113, LtJ-115, HvyJ-73 or 92, HP-113 or 138

<b>Girls</b>	<b>R</b>	<b>SlpJ</b>	<b>LtJ</b>	<b>TrbIJ</b>	<b>HP</b>	<b>TrdSt</b>
Under 6	164	165	166	167	168	169
Under 7	170	171	172	173	174	175
Under 8	176	177	178	179	180	181
Under 9	182	183	184	185	186	187
Under 10	188	189	190	191	192	193
Under 11	194	195	196	197	198	199
Under 12	200	201	202	203	204	205
Under 13	206	207	208	209	210	211
Under 14	212	213	214	215	216	217
Under 15	218	219	220	221	222	223
15 and Over	224	225	226	227	228	229

### Novice

<b>Boys</b>	<b>R</b>	<b>LtJ</b>	<b>TrbIJ</b>	<b>HP</b>	<b>TrdSt</b>
Under 6	230	231	232	233	234
Under 7	235	236	237	238	239
Under 8	240	241	242	243	244
Under 9	245	246	247	248	249
Under 10	250	251	252	253	254
Under 11	255	256	257	258	259
Under 12	260	261	262	263	264
Under 13	265	266	267	268	269
Under 14	270	271	272	273	274
Under 15	275	276	277	278	279
15 and Over	280	281	282	283	284

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### Prizewinner

Music speeds: R/SlpJ 113, HvyJ 73 or 92, HP 113 or 138

Girls	R	SlpJ	TrblJ	HP	TrdSt
Under 6	285	286	287	288	289
Under 7	290	291	292	293	294
Under 8	295	296	297	298	299
Under 9	300	301	302	303	304
Under 10	305	306	307	308	309
Under 11	310	311	312	313	314
Under 12	315	316	317	318	319
Under 13	320	321	322	323	324
Under 14	325	326	327	328	329
Under 15	330	331	332	333	334
15 and Over	335	336	337	338	339

Boys	R	TrblJ	HP	TrdSt
Under 6	340	341	342	343
Under 7	344	345	346	347
Under 8	348	349	350	351
Under 9	352	353	354	355
Under 10	356	357	358	359
Under 11	360	361	362	363
Under 12	364	365	366	367
Under 13	368	369	370	371
Under 14	372	373	374	375
Under 15	376	377	378	379
15 and Over	380	381	382	383

### Preliminary Championships

(Choice of R or SlpJ and Jig or HP)

Under 8	384
Under 9	385
Under 10	386
Under 11	387
Under 12	388
Under 13	389
Under 14	390
Under 15	391
Under 16	392
Under 17	393
Under 18	394
18 and Over	395

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## Open Championships

(Choice of R or SlpJ and one Set Dance, Under 9 may do T-set as set piece.)

Age	Girls	Boys
Under 9	430	431
Under 10	396	397
Under 12	398	399
Under 14	400	401
Under 16	402	403
Under 18	404	405
18 and Over	406	407

## Special Competitions - Championship (Jig or HP-2 steps)

Under 10	408
Under 12	409
Under 14	410
Under 16	411
16 and Over	412

## **Treble R** (Open to all competitors-1 step)

Under 10	413
Under 12	414
Under 14	415
Under 16	416
16 and Over	417

## Adult Competitions

R	418
SlpJ	419
LtJ	420
TrblJ	421
HP	422
Treble R	423

## Figure Dancing (3 Hands)

Under 9	424
Under 11	425
Under 13	426
Under 16	427
16 and Over	428

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### **Soda Bread Competition #429**

Entry for this competition is the donation of the Irish Bread that will become the property of the Feis Committee. Bread must be submitted to the baking committee between 10 and 11 AM Sunday. Judging will take place at noon. Awards will be given for the top 3 breads. Entries will be judged on the basis of looks, texture and taste.